



Reducing the rate of male suicide in East Sussex – Project Lead

22.5 hours per week

£27,668 pro rata (based on a 37.5 hour FT week)

9-Month Initial Contract (with potential for extension)

Person Specification

Experience

1. Experience in a community engagement role, either connected to suicide prevention, or a related public health issue
2. Experience of working independently and demonstrable ability to plan own work, and manage a diverse workload
3. Experience of developing working partnerships with a wide range of services and organisations
4. Experience of managing or developing a project or offering a consultancy service
5. Experience of writing reports and working within an evaluation framework
6. Experience of preparing and working to project plans and programmes and effective project management skills
7. Experience in summarising and analysing consultation responses and preparing meaningful feedback reports
8. Experience presenting information clearly, to a high standard, both written and oral; including presenting to a public audience and using appropriate communication tools and media.

Knowledge

1. Understanding of suicide prevention and mental health, and of the wide range of services working to address these issues or who may play a role in preventing suicide
2. Awareness of current suicide prevention initiatives, including training and campaigns
3. A working knowledge of the most up to date IT packages relevant to the charitable sector

4. Able to demonstrate clear understanding of safeguarding requirements and procedures
5. Knowledge and commitment to Health and Safety and anti-discriminatory working practices and the implications of both in the working environment

Job Description

About the Project

The overall goal of the programme is to reduce the high level of suicide in men in East Sussex by developing a locally focussed programme of work that targets men and raises the profile of men's mental health, suicide and suicide prevention in East Sussex. Grassroots Suicide Prevention has been commissioned by the Public Health team at East Sussex County Council to undertake this work. The project aims are as follows:

- To reduce the stigma of help-seeking amongst men
- To increase public understanding of the risk of suicide in men and improve awareness of the services and resources that can be accessed when suicidal
- To increase awareness of male suicide risk in those organisations and services that men may access for help (e.g. for debt problems, relationship advice, bereavement support; substance misuse problems) and to upskill these services in suicide prevention
- To promote partnership working and capacity for peer support

Job Purpose

The Project Lead will work with the Grassroots team, and local partners and stakeholders to develop an innovative and evidence-based approach to achieve the project aims, building on existing work undertaken by Grassroots in 2017. Possible components which could be included into a programme of work might include the following:

- A campaign to encourage men to seek help/reduce the stigma of help-seeking including highlighting the resources and services available locally and nationally
- A programme of suicide prevention training, such as safeTALK or Mental Health First Aid, for organisations that come into contact with men in distress
- Work to access men in the places they frequent and to develop peer support networks

The Project Lead will be responsible for building effective working relationships with local organisations and individuals, and supporting them to harness their resources to help prevent suicide in men.

The Project Lead will ensure effective consultation and feedback is used in developing approaches to support local organisations and individuals to provide services which work to prevent suicide in men. This will involve allocating appropriate training and consultancy to organisations and individuals, utilising the expertise of the Grassroots team.

The Project Lead will support innovation: expanding existing effective responses to male suicide, and working to bring new approaches to East Sussex. This could include the development of a campaign to reduce stigma and increase help-seeking in men in relation to suicide prevention, utilising local knowledge and resources, and working across a range of media including poster/leaflet campaign, newsprint, radio, television, and social media.

This role involves continuous evaluation and monitoring of the project to examine what works and what has had an impact on outcomes for suicide prevention in men. Evaluation and monitoring will be supported by an independent team, who will be engaged in the project from the outset.

Main Tasks and Duties

- Develop a project plan setting out key actions, tasks and timescales against aims and objectives.
- Build effective working relationships with organisations and individuals working across East Sussex; facilitating effective partnerships across sectors to provide a co-ordinated and consistent response to male suicide prevention.
- Develop and support new initiatives in male suicide prevention in East Sussex.
- Set up and report to a Steering Group, consisting of key local partners and representatives from Public Health at East Sussex County Council.
- Lead on the hosting of an event to mark World Suicide Prevention Day (September 10th 2018), with an emphasis on men's suicide prevention.
- Coordinate appropriate training, in response to service and client needs, to support an informed approach and to promote the prevention of suicide in men.
- Work with the independent evaluation team to ensure the project is effectively monitored and evaluated, and follows a clear evidence base where possible

General Responsibilities

- In conjunction with your Line Manager to ensure that all tasks are being undertaken in an effective and appropriate manner which meets the strategic aims and objectives of the project.
- To participate in internal/external meetings as required, and attend training events, conferences and other functions as necessary.
- To participate in regular monthly supervision in Brighton and help in identifying your own job-related development and training needs.
- To ensure that all Grassroots policies and procedures are being adhered to.
- To at all times undertake your role in a professional manner maintaining a high quality standard of work, and to always work in accordance with the aims, values and vision of Grassroots.
- Undertake any other duties required which are commensurate with the role.

Note: The details contained in this Job Description summarise the main expectations of the role at the date it was prepared. The role may evolve and change as the project's needs change. Consequently, Grassroots will revise this Job Description as required in consultation with post holders.