

# Thinking about suicide?

## Worried about someone?



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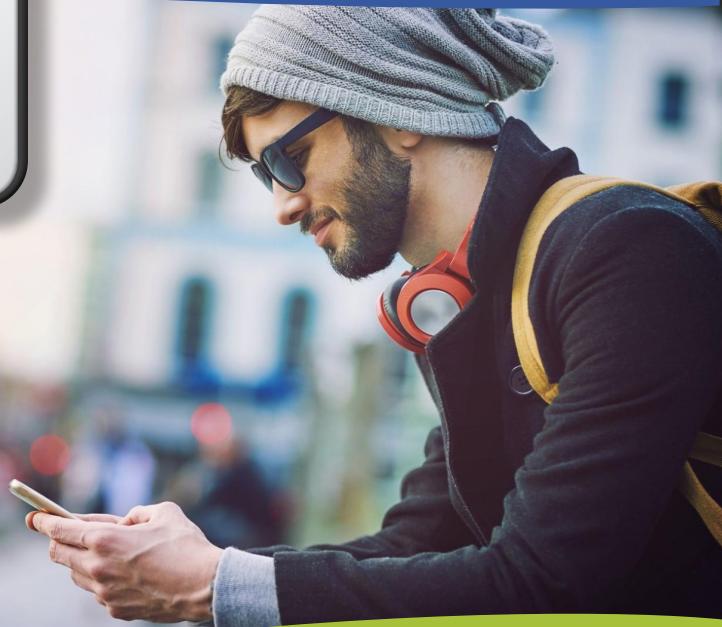


[stayalive.app](http://stayalive.app)

Our award-winning Stay Alive app was created by people who have lived experience of those feelings and concerns.

We know there is hope and recovery from suicidal thoughts is possible. You do not have to face anything alone.

Stay Alive is free, confidential, and full of life-saving resources.



GRASSROOTS  
SUICIDE PREVENTION